BUSY ADULTS RELAX THIS SUMMER AT
WORCESTER ART MUSEUM

(WORCESTER, Mass., April 10, 2009) – It’s no question that adults are more active in the summer than in the winter. From yard work, barbeques, graduation parties and weddings, to taking the kids to swimming lessons, summer camp, and daytrips to the beach and grandma’s house, many adults struggle to get away from their endless “to do” lists and carve some time just for themselves. Luckily, Worcester Art Museum’s summer classes offer busy adults an escape for a couple of hours to an intensive week of reconnecting with their imaginations and indulging in their own interests.

The museum offers a variety of summer art classes that cater to adults of all ages, interests and skill levels. Programs range from novice to advanced and include fiction writing, photography, acrylic and oil painting, Japanese brush painting, cartooning, drawing from a figure model, watercolor, stone carving, sculpture and much more.

“Whether you’re a budding artist, experienced pro or fall somewhere between, WAM offers a range of courses and class schedules to meet the needs and interests of all adults,” said Director of Education Honee A. Hess.

Starting May 8, classes will meet once each week for seven weeks. Courses are available during the day, evening or weekends. For those looking for shorter, more intensive programs, the museum also offers one-week art workshops and four-week art institutes to adults and teachers. Overnight travel classes to New England, New Mexico, Italy and France are also available.
“It’s easy to neglect yourself when you’re busy taking care of everyone else. This summer, break from your routine to relax and do something just for yourself,” said Hess. “You might find that taking some time for yourself brings a renewed sense of contentment to the rest of life.”

In addition to adult classes, summer classes are also available for youth. For a brochure detailing complete course listings and registration information, and 24-hour online registration, visit the Museum’s website, [www.worcesterart.org](http://www.worcesterart.org), or call (508) 799-4406 ext. 3129. A limited number of Scholarships are available for those in need of financial assistance.

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Located on Salisbury St., in Worcester, Massachusetts, the Worcester Art Museum opened in 1898 and is one of America’s most respected art museums. The museum is world-renowned for its 35,000-piece collection of paintings, sculpture, decorative arts, photography, prints, drawings and new media. For more information, visit [www.worcesterart.org](http://www.worcesterart.org).

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