CURRICULUM GUIDE:
Glad Monster, Sad Monster: A Book About Feelings

Grades K-2

Objectives
To identify words and colors associated with feelings.
To make connections between the text and personal experiences/feelings
To promote empathy by discussing the feelings of others.

CCSS: MA.RL.K.1; MA.RL.K.10; MA.RL.1.1; MA.RL.1.4; MA.RL.1.10; MA.RL.2.7; MA.RL.2.10

Materials
Glad Monster, Sad Monster: A Book About Feelings by Ed Emberley and Anne Miranda, paper plates, crayons

Procedure
• In advance, cut out two circular eye holes on each plate. Note: keep the eye holes small, about the size of a dime.
• Read the book. As each feeling is mentioned in the book have a student volunteer to “wear” the mask and answer the question on the page.
• Discuss appropriate responses to the feelings of others to promote empathy.
• Following the reading, students will choose a feeling and create a paper plate mask to illustrate that feeling. Encourage students to use color associations for feelings as Ed Emberley did in the book.
• Have students act out feelings using the masks.

Extension
Read and discuss other Ed Emberley monster books such as Go Away, Big Green Monster or Nighty Night, Little Green Monster

To learn more about Kahbahblooom: The Art and Storytelling of Ed Emberley visit us online at http://www.worcesterart.org/exhibitions/ed-emberley/

For more information on scheduling a visit to the Worcester Art Museum
Please contact our Education Department Tour Coordinator at 508.793.4338